

Erasmus 2024 : Expériences



Internationales des Étudiants C11

Les étudiants de la promotion C11 viennent de revenir après deux mois passés à l'étranger pour leurs stages Erasmus (et autres!). Cette expérience unique leur a permis de découvrir de nouvelles cultures, d'améliorer leurs compétences linguistiques et professionnelles, et de vivre une immersion complète dans un environnement international. Ce document présente leurs impressions et apprentissages à travers différents pays.

Vietnam



I went to Vietnam for 2 months, it was very enriching for me, I got to know myself better. I also learned about a culture and met with great people. In my internship, people were considerate and attentive if I had questions I felt at ease.

My experience in Vietnam was very enjoyable. Being so far away from my home country allowed me to discover so much about myself and other people. The thing that surprised me the most, in a good way, was the kindness and the warmth of the local people. Because of that, going back to France was very hard ! I had to talk with those rude people everyday again.

Dubai

1

Hi, I did my internship in Dubai during 2 months. I visited the Museum of the future which was exceptional. The first weeks, I didn't talk too much because I was very shy. Spending 2 months abroad was a great experience. The people are very kind and welcoming.



2

Hello ! The first week when I arrived for my internship in Dubai, I was very unsettled. The culture and codes are not the same as France. But after the second week, I started to get used to it and above all integrated into my company and the city. Dubai is very nice city, with nice weather and nice activities for your hobbies. There are lots of monuments that you can visit like, Burj Khalifa (the biggest tower in the world), the Museum of the future and many others. Before going to Dubai, my English was not very good and now I'm at B1/B2 Level in English.



3

Hello, I loved being in Dubai and speak in a foreign language such as English. Being able to speak English freely was such an incredible feeling and I would love to visit another country to try an other language. the people there were really friendly and so helpful. I was surprised to see so much foreigners in this country : more than what I expected and they were perfectly included in the culture. Also I've been eating so much and so well it was a pleasure to eat everytime, everyday. I did every activity possible such as jet ski, safari, zoo, buggy, camel tour etc... I visited global village, global garden, garden of butterfly, the Burj Khalifa also all the museum of Dubai, Abu Dhabi and Doha because I had the opportunity to visit those cities.

If I did it, you can do it ! :)

Spain and Italy

Barcelona, España

Hice mis prácticas en Barcelona en España. Me gustó conocer a clientes de varios países con diferentes estilos de vida en la empresa. Por el país me gusta la arquitectura de la ciudad, la población siempre de buen humor y las playas.



The experience was wonderful ! Spain is better than my own country for the weather and the people, they are incredible ! The world of work was different from France because of people, they are very relaxed at work. If you have an appointment it takes one hour for waiting because Spanish people don't have the same relationship to time as us.

Alicante, Spain

I completed my work experience in Alicante, Spain, in a law firm. I greatly appreciated this internship as I love the work culture in this country, probably from my Italian roots as Italy shares some common points with Spain. Even if my internship wasn't very interesting, I liked observing a different way of working from France. I felt like being part of the team. Furthermore, I visited a lot of Spanish cities during this period: Almeria, Malaga, Barcelona, Marbella... I really appreciated.



Milan, Italy

My internship experience in Italy, Milano was great for me, at the professional and personal levels. I met good people, I made friends. I saw beautiful places in Milano. I learned another way to work with foreigners. I learn to speak even my shy nature : I forced myself and it's wasn't bad, on the contrary. I learned to struggle and count on myself alone to resolve problems. I grew more mature. I would like to do it again !

Romania and Poland

Bucarest, Romania

For my 2 month internship in my first year of international business studies course, I went to Romania in the city of Bucarest. I worked in a company named Stomacom Import Export who worked with dental devices and they were 5 employees in the company. In Romania, people don't think about the future in general, if they have money they use it instantly (big cars). They talked to each other in a more familiar way compared to France.



Warsow, Poland

Dziękuję ! I was in Poland at Castorama Polska for my international internship. Actually, this experience is the better of my life. About my internship I was at the headquarters of Castorama Polska, in Warsaw. I was with a Polish and English team, they give me a lot of activities about database, commerce, import and export, that was a really good experience. About Warsaw, it's a really beautiful city, mixes technology and old city, the Erasmus community is also the best I meet, a lot of really nice people from around the world (Turkey, Spanish, Azerbaijan, Italian, French of course, Sweden, Norway and some others countries). Poland is also a really cheap country, it means, for only 20€ you can go in the other side of the country with a train, I travelled a lot, this country is incredible! And you can see a lot of beautiful landscape, like mountain, beach, the Baltic sea, plains, forest, and all.

Copenhagen and Turkey

Copenhagen, Denmark

Hey future Erasmus student! I had an amazing time in Copenhagen doing digital marketing. Great people, cool work culture, and awesome student life. Erasmus made Europe feel like a small town. It's more than a program; it's a lifestyle.



Turkey

Hello, I went to Turkey for enjoy my work experience and seeing/exploring a culture. Firstly, thanks to Erasmus+ for giving me the chance to be a part of this mobility. It has been an amazing experience that helped me learn a lot and meet peoples from different countries. This opportunity gave to me a lot of skills for my career.

Réflexions sur l'Expérience Erasmus

Développement Personnel

Este practicas ha sido muy beneficioso para mí. He tenido la oportunidad de descubrir una nueva cultura, conocer nuevas personas y adaptarme a un entorno diferente. He aprendido a desenvolverse solo y a madurar, aprendiendo a confiar más en mí mismo en lugar de depender de los demás. Este practicas también me ha permitido abrirme socialmente y descubrir una faceta nueva de mí que no conocía antes. He ganado en confianza y autonomía, lo cual ha enriquecido mi desarrollo personal y profesional.

Nouvelle Perspective

This experience has changed the way I see things. For me, now, it is essential to travel in the whole world but not to just discover places. I think travel allow notably to discover other people, their culture and to learn to know oneself. In Spain, people are curious and open of mind, it's very peaceful.

Apprentissages Professionnels

There is many things I enjoyed learning during my internship thanks' to Erasmus+. First of all, my work experience made me meet a wonderful team and new people. I learned about very direct and different way of working compare to France. Additionally, I learn a lot of things about how work and behave in a company. I also learned a lot about management, the challenges it brings, I had many discussions with the company director who brings me a lot of knowledge. We talk a lot about starting company and the difficulty that's bring and what he done before, he's future projects that's quite inspiring me for the future and help me a lot of what I want to do after my studies. So I can conclude that's was a great opportunity for me.